

# NELSON NORDIC HILL CLIMB



**03.06.2016**  
**Nelson Nordic Ski Club**  
**Hwy 6, 10km South of Nelson, BC.**  
**[www.nelsonnordicski.ca](http://www.nelsonnordicski.ca)**



## Description

- March 6th 2016 **8:30am-9:30am** sign up **10am** start
- An almost 7km and just shy of 300 meter hill climb of Clearwater trail
- Free technique, intervals start from Busk/Clearwater parking lot
- Individual or three-person team format. Male, female and all ages welcome
- Refreshments in parking lot, 2 aid stations on course and one at the finish
- Awards, draw prizes and BBQ after race, ~12:00 noon

## Purpose

- Host an event like no other and showcase a unique trail
- Challenge people with an annual event to improve in technique and fitness
- Raise money for the local Track Attack race team

## Specifications

- No high fluoro wax
- Proper cross-country ski equipment
- Costumes, good attitudes welcome and awarded

## Contact Info

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